



# DRUG & ALCOHOL ABUSE PREVENTION PROGRAM

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# Drug and Alcohol Abuse Prevention Regulations

## Notification

Institutions of Higher Education must annually notify each employee and student, in writing, of standards of conduct, consequences for violations, federal and state law legal sanctions, local ordinances legal sanctions, financial aid consequences, health risks related to alcohol and drug use, and resources for treatment programs.

Downey Adult School – Career & Education Center (DAS) has developed and implemented a drug and alcohol abuse prevention program (DAAPP) for all students and its employees that addresses all required aspects set forth by the U.S. Department of Education.

## Distribution

Institutions of Higher Education must develop a plan to distribute, on a trimester basis, notification information to every staff member and student.

Downey Adult School – Career & Education Center (DAS) has a written plan on how to electronically distribute and readily maintain available written materials that contains all aspects of the DAAPP.

## Biennial Review

Institutions of Higher Education must prepare and publish a biennial review on the effectiveness and impact of alcohol and drug prevention efforts, the consistency of sanction enforcement, and identify areas requiring improvement or modification. The biennial review must be maintained on file and available for immediate submission should it be requested by the U.S. Department of Education.

Downey Adult School – Career & Education Center (DAS) will conduct its first biennial review upon completion of the first year's impletion of the school's DAAPP.

## DFSCA & Part 86 of EDGAR

The U.S. Department of Education's Drug Free Schools and Communities Act (DFSCA) and Part 86 of the Department of Education's General Administrative Regulations (EDGAR), requires institutions of higher education to adopt and implement drug and alcohol abuse prevention programs (DAAPP) for students and employees.

Failure to comply with the Drug and Alcohol Abuse Prevention Regulations may cause an institution to forfeit eligibility for federal funding.



# Standards of Conduct

**Downey Adult School – Career & Education Center and Downey Unified School District are committed to providing a safe learning environment that is alcohol and drug free.**

## **Employees**

All staff members Downey Adult School – Career & Education Center (DAS) will, and must, adhere to the Downey Unified School District's (DUSD) Tobacco/Alcohol/Drug Free Workspace Policy which states: "The Downey Unified School District Policy prohibits smoking on all district campuses and in district vehicles. Students and Employees are not allowed to smoke, drink or use illegal drugs on school grounds, parking lots, or in parked vehicles." Additionally, all staff members of DAS will adhere to all federal and state laws, and local ordinances. Failure to adhere to DUSD's policy, federal law, state law, and local ordinances may result in disciplinary action.

## **Students**

Students enrolled in DAS have agreed to adhere to the Downey Unified School District's (DUSD) Tobacco/Alcohol/Drug Free Workspace Policy which states: "The Downey Unified School District Policy prohibits smoking on all district campuses and in district vehicles. Students and Employees are not allowed to smoke, drink or use illegal drugs on school grounds, parking lots, or in parked vehicles." Additionally, all students of DAS will adhere to all federal and state laws, and local ordinances. Failure to adhere to DUSD's policy, federal law, state law, and local ordinances may result in disciplinary action. Student misconduct that may result in disciplinary action includes, but is not limited to, the following violations:

The use, sale, or possession on campus of, or presence on campus under the influence of, any controlled substance, or any poison classified as such by Schedule D in Section 4160 of the Business and Professions Code or any controlled substance listed in California Health and Safety Code Section 11053 et seq., an alcoholic beverage, or an intoxicant of any kind; or unlawful possession of, or offering, arranging or negotiating the sale of any drug paraphernalia, as determined in California Health and Safety Code Section 11014.5



# Consequences for Violations

## **Disciplinary Actions – Downey Unified School District/Downey Adult School – Career & Education Center**

Students in violation of the Standard of Conduct, will receive disciplinary action from DUSD/DAS. Possible disciplinary actions may include one or more of the following:

### **Documented Reprimand (written or verbal)**

Students in violation of the Standard of Conduct will meet with administrator(s) and may receive a cease and desist from such conduct. Documentation of meeting, and its specifics, will be entered into the student's permanent records.

### **Probation**

Students in violation of the Standard of Conduct will meet with administrator(s) and may receive a status of probation in which the violating student is excluded from activities for a set period of time.

### **Suspension**

Students in violation of the Standard of Conduct will meet with administrator(s) and may receive a status of suspension. During the suspension period, the violating student will not be allowed to be on campus, attend program-related activities, or participate in school-related activities for a set period of time. The set period of time will be determined by the administrator.

### **Expulsion**

Students in violation of the Standard of Conduct will meet with administrator(s) and may receive an expulsion from DAS. In expulsion, the violating student will not be allowed to be on campus, attend program-related activities, or participate in school-related activities. The expulsion may be permanent or for a determined set of time set by the administrator.



# Legal Sanctions

## Federal

**Downey Adult School – Career & Education Center and Downey Unified School District recognizes and enforces all federal and state laws, and local ordinances**

### Federal Legal Sanctions

Federal law allows for criminal and/or civil penalties for the unlawful possession, use, or distribution of a controlled substance. Penalties may include mandatory prison terms.

Federal penalties and sanctions for illegal possession of a controlled substance. Additional penalties are imposed for trafficking.

**21 U.S.C. 844(a)** First conviction: Up to one year imprisonment and fined at least \$1,000 but not more than \$100,000, or both.

After one prior drug conviction: At least 15 days in prison, not to exceed two years and fined at least \$2,500 but not more than \$250,000, or both.

After two or more prior drug convictions: At least 90 days in prison, not to exceed three years and fined at least \$5,000 but not more than \$250,000, or both.

Special sentencing provisions for possession of crack cocaine: Mandatory at least five years in prison, not to exceed 20 years and fined up to \$250,000, or both, if:

- 1st conviction and the amount of crack possessed exceeds five grams.
- 2nd crack conviction and the amount of crack possessed exceeds three grams.
- 3rd or subsequent crack conviction and the amount of crack possessed exceeds one gram.

**21 U.S.C. 853(a)(2) and 881(a)(7)** Forfeiture of personal real property used to possess or to facilitate possession of a controlled substance if that offense is punishable by more than one year imprisonment. (See special sentencing provisions re: crack.)

**21 U.S.C. 881(c)(4)** Forfeiture of vehicles, boats, aircraft or any other conveyance used to transport or conceal a controlled substance.

**21 U.S.C. 844a** Civil fine of up to \$10,000 (pending adoption of final regulations).



# Legal Sanctions

## Federal - continued

**Downey Adult School – Career & Education Center and Downey Unified School District recognizes and enforces all federal and state laws, and local ordinances**

### Federal Legal Sanctions - continued

**21 U.S.C. 853a** Denial of Federal benefits, such as student loans, grants, contracts, and professional and commercial licenses, up to one year for first offense, up to five years for second and subsequent offenses.

**18 U.S.C. 922(g)**. Ineligible to receive or purchase a firearm.

### Classification/Drug Scheduling

Directly obtained from the U.S. Drug Enforcement Administration (<https://www.dea.gov/druginfo/ds/shtml>) is provided below:

#### Drug Scheduling

Drugs, substances, and certain chemicals used to make drugs are classified into five (5) distinct categories or schedules depending upon the drug's acceptable medical use and the drug's abuse or dependency potential. The abuse rate is a determinate factor in the scheduling of the drug; for example, Schedule I drugs have a high potential for abuse and the potential to create severe psychological and/or physical dependence. As the drug schedule changes-- Schedule II, Schedule III, etc., so does the abuse potential-- Schedule V drugs represents the least potential for abuse. A Listing of drugs and their schedule are located at Controlled Substance Act (CSA) Scheduling or CSA Scheduling by Alphabetical Order. These lists describe the basic or parent chemical and do not necessarily describe the salts, isomers and salts of isomers, esters, ethers and derivatives which may also be classified as controlled substances. These lists are intended as general references and are not comprehensive listings of all controlled substances.

Please note that a substance need not be listed as a controlled substance to be treated as a Schedule I substance for criminal prosecution. A controlled substance analogue is a substance which is intended for human consumption and is structurally or pharmacologically substantially similar to or is represented as being similar to a Schedule I or Schedule II substance and is not an approved medication in the United States. (See 21 U.S.C. §802(32)(A) for the definition of a controlled substance analogue and 21 U.S.C. §813 for the schedule.)



# Legal Sanctions

## Federal- continued

**Downey Adult School – Career & Education Center and Downey Unified School District recognizes and enforces all federal and state laws, and local ordinances**

### **Classification/Drug Scheduling - continued**

**Schedule I** drugs, substances, or chemicals are defined as drugs with no currently accepted medical use and a high potential for abuse. Some examples of Schedule I drugs are: heroin, lysergic acid diethylamide (LSD), marijuana (cannabis), 3,4-methylenedioxymethamphetamine (ecstasy), methaqualone, and peyote

**Schedule II** drugs, substances, or chemicals are defined as drugs with a high potential for abuse, with use potentially leading to severe psychological or physical dependence. These drugs are also considered dangerous. Some examples of Schedule II drugs are: Combination products with less than 15 milligrams of hydrocodone per dosage unit (Vicodin), cocaine, methamphetamine, methadone, hydromorphone (Dilaudid), meperidine (Demerol), oxycodone (OxyContin), fentanyl, Dexedrine, Adderall, and Ritalin

**Schedule III** drugs, substances, or chemicals are defined as drugs with a moderate to low potential for physical and psychological dependence. Schedule III drugs abuse potential is less than Schedule I and Schedule II drugs but more than Schedule IV. Some examples of Schedule III drugs are: Products containing less than 90 milligrams of codeine per dosage unit (Tylenol with codeine), ketamine, anabolic steroids, testosterone

**Schedule IV** drugs, substances, or chemicals are defined as drugs with a low potential for abuse and low risk of dependence. Some examples of Schedule IV drugs are: Xanax, Soma, Darvon, Darvocet, Valium, Ativan, Talwin, Ambien, Tramadol

**Schedule V** drugs, substances, or chemicals are defined as drugs with lower potential for abuse than Schedule IV and consist of preparations containing limited quantities of certain narcotics. Schedule V drugs are generally used for antidiarrheal, antitussive, and analgesic purposes. Some examples of Schedule V drugs are: cough preparations with less than 200 milligrams of codeine or per 100 milliliters (Robitussin AC), Lomotil, Motofen, Lyrica, Parepectolin



# Legal Sanctions

## State

**Downey Adult School – Career & Education Center and Downey Unified School District recognizes and enforces all federal and state laws, and local ordinances**

### State Legal Sanctions

The State of California has its own set of laws regulating the unlawful possession, use, or distribution of a controlled substance. Penalties may include mandatory prison terms. Penalties under California Health and Safety Code Sections 11351-113479 et. seq. (Uniform Controlled Substances Act) are as follows:

- Transport, import, transfer, or sale of controlled substances may result in felony sentencing of 3 to 5 years. Transport from one California county to a non-contiguous county can result in an increased sentence of 3 to 9 years of imprisonment.
- Crimes involving the hiring or employment of minors to sell or distribute controlled substances, or the sale of controlled substances to minors, can result in sentences of 3, 6, or 9 years in state prison.
- California law allows adults 21 and older to transport less than 28.5 grams (or less than 8 g marijuana concentrate).
- California law also criminalizes the transport, import, transfer, or sale of chemicals used as ingredients for the manufacture of phencyclidine (PCP) and methamphetamine, or the transport, import, transfer, or sale of the drugs themselves. Conviction may result in sentences of imprisonment lasting sixteen months to six years

California State Law also allows for the seeking of increased punishments if the defendant has prior committed offenses.

California State Law also allows for the enhancement of sentencing when drug-related offenses occur within 1,000 feet of schools, school-related programs, or playgrounds during operational hours. This increased sentencing may result in an additional one to two years in prison. Furthermore, if the alleged offender is at least four year older than an involved minor, a separate and additional one – three year prison term by be applied.





# Legal Sanctions

## Local Ordinances

**Downey Adult School – Career & Education Center and Downey Unified School District recognizes and enforces all federal and state laws, and local ordinances**

### Local Ordinances

The City of Downey has its own established ordinances in regarding alcohol and drugs. Article IV – Public, Morals, and Policy, Chapter 1, Sections 4103., 4104., and 4105. address the usage of alcohol. Article IV – Public, Morals, and Policy, Chapter 1, Sections 4107.5 and 4135., 4102. addresses drugs and controlled substances. Legal sanctions may include, but not limited to: infractions, fines, and or imprisonment.

#### **SECTION 4103. CONSUMING ALCOHOLIC BEVERAGES: PUBLIC PLACES.**

For the purposes of this chapter “alcoholic beverages” shall mean and include alcohol, spirits, liquor, wine, beer, and every liquid or solid containing alcohol, spirits, wine, or beer, and which contains one-half of one percent (1%) or more of alcohol by volume, and which is fit for beverage purposes, either alone or when diluted, mixed, or combined with other substances.

No person while in or on any public school ground, public school building, public building, or grounds belonging to the State, County, or other governmental entity or agency, shall have in his or her possession or consume any alcoholic beverage.

No person while in or on any unenclosed area designed or used, or intended to be used, for the parking of motor vehicles and which parking area is used in conjunction with or as any adjunct to any business, trade, or occupation for which a business license has been issued or is required to be issued pursuant to the provisions of Chapter 2 of Article VI of this Code, shall consume any alcoholic beverage nor have upon his or her person, nor in his or her personal possession, any container containing an alcoholic beverage, which container has been opened. (Amended by Ord. 211, adopted 11-13-62)

#### **SECTION 4104. CONSUMING ALCOHOLIC BEVERAGES: PUBLIC HIGHWAYS.**

No person shall go upon or remain upon any part of a public highway while he or she is consuming any alcoholic beverage. (Added by Ord. 3, adopted 12-20-56)



# Legal Sanctions

## Local Ordinances - continued

**Downey Adult School – Career & Education Center and Downey Unified School District recognizes and enforces all federal and state laws, and local ordinances**

### Local Ordinances – continued

#### **SECTION 4105. CONSUMING ALCOHOLIC BEVERAGES: IN VEHICLES.**

No person shall enter or remain in any vehicle while such vehicle is on any part of any public highway when such person or any other occupant of such vehicle is consuming any alcoholic beverage. (Added by Ord. 3, adopted 12-20-56)

#### **SECTION 4107.5. LOITERING FOR DRUG-RELATED ACTIVITIES.**

(a) It is unlawful for any person to loiter in, on or near any public or private property or thoroughfare in a manner and under circumstances manifesting the purpose or the intent to engage in drug-related activity defined as criminal offenses in Chapters 6 and 6.5 of Division 10 of the California Health and Safety Code.

(b) Among circumstances that may be considered in determining whether a person loiters and manifests the intent to engage in drug-related activity are:

(1) The person enters and remains on any public or private property or thoroughfare under such circumstances that a reasonable person will conclude that the person who has entered and remained on said premises: (i) does not have a purpose legitimately

connected with the business or activity of the legal occupant on or near the premises; (ii) does not have a bona fide intent to exercise a constitutional right; and (iii) does manifest the purpose of engaging in drug-related activities defined as offenses in Chapter 6 and 6.5 of Division 10 of the Health & Safety Code.

(2) The person is a known unlawful drug user, possessor, or seller. A “known unlawful drug user, possessor or seller” is a person who has, within the knowledge of the arresting officer, been convicted in any court within the State of any violation involving the use, possession or sale of any of the substances referred to in Chapter 6 and 6.5 of Division 10 of the Health & Safety Code or has been convicted of any violation of substantially similar laws of any political subdivision of the State or of any other State;



# Legal Sanctions

## Local Ordinances - continued

Downey Adult School – Career & Education Center and Downey Unified School District recognizes and enforces all federal and state laws, and local ordinances

### Local Ordinances – continued

#### **SECTION 4107.5. LOITERING FOR DRUG-RELATED ACTIVITIES. CONTINUED**

(3) The person is currently subject to a court order prohibiting his or her presence in the particular area in which the person is loitering;

(4) The person behaves in such a manner as to raise a reasonable suspicion that he or she is about to engage in, or is then engaged in, an unlawful drug related activity, including without limitation, the display of physical characteristics of drug intoxication, possession or usage, such as “needle tracks,” the display of drug paraphernalia or the transfer of small objects or packages capable of containing drugs for currency or other drug related objects or packages in a furtive fashion;

(5) The person is physically identified by the arresting officer as an active member of a “gang” or association which has as its purpose, and was previously engaged in, drug related activity;

(6) The person loiters in or near to premises that have been reported to law enforcement as place suspected of drug related activity or in or within six feet of any vehicle registered to a known unlawful drug user, possessor or seller or near a person for whom there is an outstanding warrant for a crime involving drug related activity.

(c) Violations of this Section 4107.5 shall constitute a misdemeanor. (Added by Ord. 958, adopted 3-9-93)

#### **SECTION 4135. SALE AND DISPLAY OF DRUG PARAPHERNALIA.**

(Added by Ord. 587, adopted 3-27-79; amended by Ord. 697, adopted 5-11-82; repealed by Ord. 971, adopted 1-11-94)



# Legal Sanctions

## Local Ordinances - continued

**Downey Adult School – Career & Education Center and Downey Unified School District recognizes and enforces all federal and state laws, and local ordinances**

### Local Ordinances – continued

#### **SECTION 4102. CONTROLLED SUBSTANCES: PUBLIC PLACES.**

(a) No person shall consume within any public place or business in the City, or on the grounds of any public or private park, recreation area, open space or school, or in the public parking, loading, access and areas accessible to the public, or private or commercial property which is open and accessible to the public, any non-alcoholic intoxicating substance possessed for the purposes of intoxication or any illegal or controlled substance, including marijuana, as defined in Health and Safety Code Section 11007.

(b) No person shall have in his or her possession within any public place or business in the City, or on the grounds of any public or private park, recreation area, open space, or in the public parking, loading, access and areas accessible to the public, or private or commercial property which is open and accessible to the public, any instrument used to administer or ingest any intoxicating or controlled substance, including marijuana pipes or similar smoking devices, and including drug paraphernalia as defined in Health and Safety Code Section 11014.5. (Added by Ord. 1285, adopted 6-28-11)



## Financial Aid Consequences

### Disqualification

Students with a federal or state drug conviction are disqualified for federal financial aid. FAFSA Question 23c (prior drug convictions) addresses aid eligibility when a student has a conviction for an offense that occurred during a period enrollment for which the student was receiving federal student aid. Only then will the conviction count towards disqualification. The conviction will not count if the offense occurred outside of the period of enrollment for which the student was receiving federal student aid. However, a federal or state judge may overrule this exception. If the student was a juvenile, and not tried as an adult, when committed a conviction, it will not count. Additionally, a conviction will not count if it was reversed, set aside or reversed

### Notification of Convictions

Federal law requires educational institutions to report to the U.S. Department of Education any recipient of federal financial aid who is convicted of a drug-related crime on school property or at school-related activities. (Part 86 – Drug-Free School and Campuses, Subpart A – General, Section 86.3)

### Period of Ineligibility

Periods of federal financial aid ineligibility vary on whether the conviction was for possession or sale of illegal drugs, and on the number of previous offenses (if any). Conspiring to sell drugs convictions are included with sale of illegal drugs convictions. If student is convicted for both possession and sale of illegal drugs, the longer period of ineligibility will be enforced. Following information specifies time period of ineligibility:

#### Possession of Illegal Drugs

First offense:	one year from date of conviction
Second offense:	two years from date of conviction
Third offense+:	indefinite

#### Sale of Illegal Drugs

First offense:	two years from date of conviction
Second offense:	indefinite
Third offense+:	indefinite



## Financial Aid Consequences - continued

### Reestablishing Eligibility

As directly obtained from 2018-2019 Federal Student Aid Handbook provided by the U.S. Department of Education (Volume 1 – Student Eligibility pg. 1-22):

A student regains eligibility the day after the period of ineligibility ends (i.e., for a 1st or 2nd offense); or when he or she successfully completes a qualified drug rehabilitation program that includes passing two unannounced drug tests given by such a program. Further drug convictions will make him ineligible again. Students denied eligibility for an indefinite period can regain eligibility after completing any of the following options:

- 1) Successfully completing a rehabilitation program, as described below, which includes passing two unannounced drug tests from such a program);
- 2) Having the conviction reversed, set aside, or removed from the student's record so that fewer than two convictions for sale or three convictions for possession remain on the record;  
or
- 3) Successfully completing two unannounced drug tests which are part of a rehab program (the student does not need to complete the rest of the program).

In such cases, the nature and dates of the remaining convictions will determine when the student regains eligibility. It is the student's responsibility to certify to you that she has successfully completed the rehabilitation program; as with the conviction question on the FAFSA, when a student regains eligibility during the award year, [the student] may [receive federal financial aid] for the period of enrollment.



# Health Risks Related to Alcohol and Drug Use

Health risks, both short and long term, may vary from person to person. Varying factors such as age, gender, individual physiology, mental health condition, and genetics may determine exact risks/symptoms. The following short-term and long-term health risks lists are for reference only and should not be used in determining a medical diagnosis.

## Short-Term Health Risks

Individuals using alcohol and or drugs may experience any or all of the following short-term risks:

- Poor judgement
- Cognitive dysfunction
- Delusions
- Tremors
- Muscle weakness
- Slurred speech
- Drowsiness
- Vomiting
- Diarrhea
- Upset stomach
- Headaches
- Hallucinations
- Breathing difficulties
- Paranoia
- Heart palpitations
- Distorted vision and hearing
- Decreased perception and coordination
- Unconsciousness
- Anemia (loss of red blood cells)
- Coma
- Blackouts (memory lapses, where the drinker cannot remember events that occurred while under the influence)



## Health Risks Related to Alcohol and Drug Use – continued

Health risks, both short and long term, may vary from person to person. Varying factors such as age, gender, individual physiology, mental health condition, and genetics may determine exact risks/symptoms. The following short-term and long-term health risks lists are for reference only and should not be used in determining a medical diagnosis.

### Long-Term Health Risks

Individuals using alcohol and or drugs may experience any or all of the following long-term risks:

- Unintentional injuries such as car crash, falls, burns, drowning
- Intentional injuries such as firearm injuries, sexual assault, domestic violence
- Increased on-the-job injuries and loss of productivity
- Increased family problems, broken relationships
- Alcohol poisoning
- High blood pressure, stroke, and other heart-related diseases
- Cirrhosis - Liver disease
- Alcoholic hepatitis
- Nerve damage
- Sexual problems
- Permanent damage to the brain
- Vitamin B<sub>1</sub> deficiency, which can lead to a disorder characterized by amnesia, apathy and disorientation
- Ulcers
- Gastritis (inflammation of stomach walls)
- Malnutrition
- Cancer of the mouth and throat
- Psychological dysfunction
- Brain damage
- Tuberculosis
- Depression
- Hearing Loss
- Bronchitis
- Sinus infections
- Asthma
- Alcohol dependence
- Drug dependence





# Resources

## Treatment Programs & Centers

Downey Adult School – Career & Education Center and Downey Unified School District are committed to the promotion of well-being for all students and employees. Individuals with substance abuse issues are encouraged to seek help. Following is a list of local Resources, Treatment Programs and Centers.

### Drug-related:

#### **Narcotics Anonymous (NA)**

Los Angeles, CA (open 24 hours) 310-390-0279  
 Anaheim, CA (open 24 hours) 714-590-2388  
 Pasadena, CA (open 24 hours) 626-584-6910

<https://westsidena.org/westsidewp/>  
<https://orangecountyna.org/ocwp/>  
[www.sgvna.com](http://www.sgvna.com)

#### **Nar-Anon Family Group**

23110 Crenshaw Blvd., Ste. A 1-800-477-6291  
 Torrance, CA 90505

<https://www.nar-anon.org>

#### **Southern California Alcohol and Drug Programs, Inc.**

11500 Paramount Blvd. 562-923-4545  
 Downey, CA 90241

[www.scadpinc.org/angel\\_step\\_too.aspx](http://www.scadpinc.org/angel_step_too.aspx)

#### **Little House**

9718 Harvard Street 562-925-2577  
 Bellflower, CA 90706

[www.littlehouseinc.org](http://www.littlehouseinc.org)

#### **Aegis Treatment Centers**

14238 & 14240 562-946-1587  
 Imperial Hwy.  
 La Mirada, CA 90638

<https://aegistreatmentcenters.com>

#### **Promises Treatment Center**

17785 Center Ct. Dr., #280 562-741-6470  
 Cerritos, CA 90703

<https://www.promises.com>

#### **Los Angeles Centers for Alcohol and Drug Abuse**

213-626-6411

[www.lacada.com](http://www.lacada.com)

#### **Care Solace**

310-391-1253  
 (Partnered with Downey Unified School District)

[www.caresolace.com/downeyfamilies](http://www.caresolace.com/downeyfamilies)



## Resources

### Treatment Programs & Centers - continued

Downey Adult School – Career & Education Center and Downey Unified School District are committed to the promotion of well-being for all students and employees. Individuals with substance abuse issues are encouraged to seek help. Following is a list of local Resources, Treatment Programs and Centers.

#### Alcohol-related:

<b>Alcoholics Anonymous (AA)</b> Local AA Meetings:	1-844-335-2408 <a href="https://lacoaa.org/meetings/?tsml-day=any&amp;tsml-region=downey">https://lacoaa.org/meetings/?tsml-day=any&amp;tsml-region=downey</a>	<a href="https://www.aa.org">https://www.aa.org</a>
<b>Al-Anon Family Groups of Greater Los Angeles</b>	818-760-7122	<a href="http://alanonla.org">http://alanonla.org</a>
<b>Southern California Alcohol and Drug Programs, Inc.</b> 11500 Paramount Blvd. Downey, CA 90241	562-923-4545	<a href="http://www.scadpinc.org/angel_step_too.aspx">www.scadpinc.org/angel_step_too.aspx</a>
<b>Little House</b> 9718 Harvard Street Bellflower, CA 90706	562-925-2577	<a href="http://www.littlehouseinc.org">www.littlehouseinc.org</a>
<b>Los Angeles Centers for Alcohol and Drug Abuse</b>	213-626-6411	<a href="http://www.lacada.com">www.lacada.com</a>
<b>Promises Treatment Center</b> 17785 Center Ct. Dr., #280 Cerritos, CA 90703	562-741-6470	<a href="https://www.promises.com">https://www.promises.com</a>
<b>Alcohol Education &amp; Recover Center DUI/DVP Program</b> 1355 S. Redondo Ave., #2 Long Beach, CA 90804	562-986-5046	<a href="http://www.aerc.us">www.aerc.us</a>
<b>Care Solace</b> (Partnered with Downey Unified School District)	310-391-1253	<a href="http://www.caresolace.com/downeyfamilies">www.caresolace.com/downeyfamilies</a>



## Distribution Plan

**Downey Adult School – Career & Education Center (DAS) is fully committed to the implementation of its Drug and Alcohol Abuse Prevention Program (DAAPP). In part of that commitment, DAS has developed the following distribution plan to ensure that all employees and students receive, and are aware of, the DAAPP.**

### **Students:**

DAS will email all enrolled students at the beginning of each trimester (August, January, & April) with an explanation and notification of the institution's DAAPP along with a link to the DAAPP for electronic access. Email notification on a trimester system will ensure that all students, regardless of enrollment date, will receive the DAAPP.

### **Employees:**

DAS holds a mandatory staff development day on an annual basis. This staff development day is held on Columbus Day in October. All employees will receive notification, and a printed copy, of the DAAPP. New employees will receive a printed copy of the DAAPP during new employee orientation.